

EXERCISE EQUIPMENT

TEADMILL-TRIMLINE – Treadmill-trimline, hardly used, in working order. \$75. 716-731-4223.

INVERSION TABLE - Inversion Table for spinal decompression; \$50. 716-298-0194.

FIREWOOD

FIREWOOD – Firewood, maple, delivered by truck load bed, around 1 face cord, 4' x 8' x 16". \$100 plus delivery. 716-868-4710.

FIREWOOD - Pine, delivered by truck load bed, around 1 face cord, 4' x 8' x 16". \$100. Includes delivery 716-868-4710.

FURNITURE

CEDAR CHEST – Cedar Chest, good condition. \$80. 716-731-9494.

TABLE - Coffee table, Mahogany, 47"L X 31"W, center drawer. \$50. 716-949-0331.

WINE CABINET - "Shasta" mahogany wine/bar cabinet, glass doors, and wine rack, 44 x 38. Like new. \$100. 716-628-4245.

COMPUTER DESK – Computer desk, L shaped, 66"x 66", black/gray, good conditions, \$99. 716-838-4351.

CEDAR CHEST – Cedar chest, Lane, original owner, excellent condition, locking. \$99. 716-838-4351.

CHAIRS - Set of 4 dining chairs.



NIAGARA COUNTY OFFICE FOR THE AGING MENU

June 22 - June 26

Eat Well...Stay Well Dining

MONDAY, June 22 - Breaded Chicken Patty Sandwich w/ Lettuce, Tomato, Onion, Pea and Pasta Salad, Seasoned Cauliflower w/ Red Pepper, Wheat Hamburger Bun, Sliced Peaches, PC Mayo

TUESDAY, June 23 - Greek Chicken Pasta Salad Broccoli Salad, Biscuit, Fruited Gelatin w/ Whipped Topping

WEDNESDAY, June 24 - Roast Pork w/ Gravy, Baked Sweet Potato, Seasoned Green Beans, Wheat Dinner Roll, Applesauce

THURSDAY, June 25 - Egg Salad Sandwich w/ Lettuce, Tomato, Onion, Two Type Potato Salad, Fresh Spinach Salad, 2 Slices Wheat Bread, Fresh Honeydew Melon

FRIDAY, June 26 - Polish Sausage, Garlic Mashed Potatoes, Bavarian Kraut, Wheat Hot Dog Bun, Fresh Cantaloupe, PC Ketchup, Mustard

All lunches served with bread, 1% milk, coffee or tea. Suggested contribution for meals is \$3.25. Menu subject to change without notice. Call 716-438-4020 for more information.

\$20. Call or text 716-345-9404.

CABINET - Wooden 4-shelf Storage Cabinet H-4ft, W-18.5in, D-11.5in Like new. 716-830-8422.

TABLE – Folding conference room table, 6' x 3', brown top, sturdy. \$25. 716-930-5521.

CHEST – Storage chest/box, wooden, angled hinged top, 25"L x 12"H. \$10. 716-693-1545.

GARDEN

GARDEN TOOLS – Garden tools, edger, \$15, rake, \$10, hoes, \$10,

Island Golden Age Center Lunch Menu

Lunch is served at noon Monday - Thursday / Friday 11:30am

June 22 - June 26

MONDAY, June 22 - Turkey Dinner with Stuffing, Cranberry Sauce and Mixed Vegetables

TUESDAY, June 23 - Tuna Noodle Casserole w/ Peas

WEDNESDAY, June 24 - Beef Taco Salad with Tortilla Chips & Salsa & Tropical Fruit

THURSDAY, June 25 - **General Meeting \$6** Cathy's Crispy Chicken Drumsticks with Mashed Potatoes, Gravy, Corn & Peas

FRIDAY, June 26 - Souper Seniors

Lunch includes: An entrée with a meat, starch, vegetable, fruit, dessert & beverage. Birthday Lunch includes: An entrée with a meat, starch, vegetable, fruit, Birthday Cake, ice cream & dessert. Two Soups and a Scoop includes: two soups and a scoop of salad (ex. Chicken Salad), fruit, crackers & dessert.

Lunch is \$4 or \$6 OR MORE on Special Event Days. Please call 716-773-9682 to reserve your lunch.

Crossword

DECLARATION OF INDEPENDENCE

ACROSS

1. Last name behind Waldorf Astoria
6. Hawaiian flower garland
9. What beanstalk did
13. Pack animal
14. Charged particle
15. Lacking guile
16. Lumen per square meter, pl.
17. Crime scene evidence, acr.
18. Roast host
19. *Unalienable ones in the Declaration of Independence
21. *Colony that originally abstained from voting on independence
23. Baba of "One Thousand and One Nights"
24. Parsley or basil, e.g.
25. Mountain peak
28. *Four Declaration signers were alums of this CT Ivy Leaguer
30. Most mature, as in fruit
35. It must go on?
37. Small brook
39. *"...to assume among the powers of the ____"
40. Cap and gown accessory
41. Where there's trouble
43. Rani's dress
44. Useful quality
46. Volcano off Sicily coast
47. State on Old Glory
48. Dionysus' follower
50. Dems' opponents
52. Not divisible by two
53. Like certain people's glasses
55. Australia's flightless bird
57. *First Declaration of Independence signer
61. *Self-evident ones
64. Not a minor
65. "____ it or lose it!"
67. Songs for two
69. Formally surrenders land
70. *Last name of the only brothers to both sign the Declaration
71. Last Supper cup
72. "If you only ____!"
73. Boy
74. Item in diary

DOWN

1. * ____ men are created equal

CROSSWORD													
1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
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64						65	66		67				68
69						70			71				
72						73				74			

SWITCH & GET \$25

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

2. Talk like a drunk
3. Fare ride
4. Opposite of alpha
5. In a foolhardy manner
6. Jar covers
7. Long, long time
8. Stupid or silly
9. Risque
10. Puerto ____
11. ____ and anon
12. 168 hours
15. Rookie
20. Beauty pageant winner's headgear
22. Make a blunder
24. Serfdom, archaically speaking
25. Indian black tea
26. Capital of Tibet
27. One's entourage
29. *Liberty's partner
31. Permission to leave
32. Muse of love poetry
33. Nickname for a certain violin
34. *Certain George, with The
36. *"...in the course of human events..."
38. Like TV's famous ranger
42. Candle shape
45. Fortune teller's deck, pl.
49. Who is Bugs Bunny talking to?
51. Blemish
54. Cranial bones + facial bones
56. Driver's 180
57. Bypass firewall, illegally
58. Yemeni port
59. Classic art subject
60. Ball of yarn
61. Started during the Ryder Cup, e.g.
62. Miami basketballer
63. Cookbook direction
66. Shining one in "America the Beautiful"
68. Sylvester Stallone's nickname

Answers to the Sudoku Challenge and the Crossword Puzzle can be found on the next page.

Sudoku

SUDOKU

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With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.